

# SUPPORTING FAMILY VOLUNTEERING

## THE OBSTACLES & SOLUTIONS

Volunteering can be difficult for families, but your organization can make it a lot easier. Below are the most common obstacles families face when they volunteer and potential solutions you can use. As you make adjustments within your organization, families will flock to volunteer with your programs.

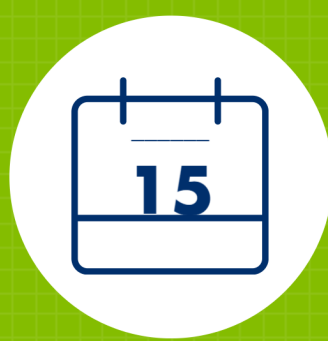
### COMMITMENT

#### OBSTACLE



Families are unable to or uncomfortable with agreeing to long-term volunteer commitments.

#### SOLUTION



- Create one-time opportunities.
- Design events that allow families to come and go as they please.

### SUSTAINABILITY

#### OBSTACLE



Few opportunities exist in which families, with members of various ages, may participate.

#### SOLUTION



- Create opportunities with kids in mind: simple, short, requiring little skill.
- Provide childcare for children too young to volunteer.

### LACK OF TIME

#### OBSTACLE



Families have increasingly busy schedules, leaving little time for volunteering.

#### SOLUTION



- Focus events on weeknights or weekends.
- Share how volunteering fulfills many goals at once: spending time together, teaching children skills, and helping the community.



Find Volunteer Opportunities for You and Your Family at

**USERVE.UTAH.GOV**

#### SOURCE

"Family Volunteering: Final Report." Volunteer Canada. 2002.  
<https://volunteer.ca/content/family-volunteering-final-report>