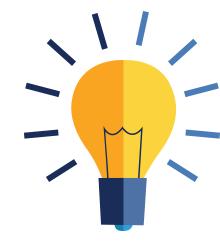
WHY SHOULD I VOLUNTEER WITH MY FAMILY?

10 BENEFITS OF FAMILY VOLUNTEERING



SEE EACH OTHER IN A DIFFERENT LIGHT

Children and parents don't have the opportunity to interact with one another when they go to school and work. Volunteering provides an opportunity for family members to recognize and appreciate the skills and competencies of others.



By volunteering as a family, parents model the values they teach in the home. By seeing these examples, children are more likely to exemplify correct behavior.





3 ENGAGE A NEW GENERATION OF DEDICATED VOLUNTEERS

When young children form the habit to volunteer, they are more likely to volunteer as they grow older. Volunteering as a family, especially with young children, helps guarantee that there will be volunteers for decades to come.

4 BOOST SELF-SATISFACTION Parents and children feel good about

Parents and children feel good about volunteering together. They develop a positive self-image of themselves and are more likely to be confident about their abilities and future.





SOCIAL NETWORK Volunteering can be a great way to find new friends for the whole family. These friends

INCREASE THE FAMILY'S

share common interests and can provide support during difficult times.

GAIN EXPERIENCE FOR FUTURE ENDEAVORS Colleges are becoming more and more selective. Finding a job can be difficult. The skills and experience gained during volunteering can be critical to future

success. As youth invest time in volunteering, they become better prepared for the future.





GOALS

Volunteering requires coordination and good communication. As families work together while volunteering, they improve their ability to communicate with one another.

COMMUNICATION

IMPROVE

As families volunteer together, they work towards a common goal. Those shared goals strengthen bonds between parents, children, siblings, and other family members.

CREATE SHARED

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depressing social media, it's important that parents combat bad influences on their family. Volunteering can be a great way for the whole family to be engaged in a wholesome and uplifting activity together.

With the onslaught of negative news and



fortunate. They also become more grateful for the good that's in their life.





Find Volunteer Opportunities for You and Your Family at

USERVE.UTAH.GOV