

VOLUNTEER DO AND DON'T LIST

DO

Continue to volunteer, especially if remote volunteer opportunities exist
Maintain a physical distance of at least 6 feet from those around you
Wash your hands frequently with soap and warm water (if soap isn't available, use hand sanitizer)
Call before you volunteer, and ask about any special health precautions
Wear a mask (and other personal protective equipment), if possible
Clean any commonly used surfaces (like pens and doorknobs)

DON'T

Volunteer in person if you've had any Covid-19 symptoms in the last 14 days (such as fever, cough, or shortness of breath)
Volunteer in person if you've had any contact with someone who tested positive for Covid-19 in the last 14 days
Volunteer in person if you are a member of a high-risk health group
Volunteer in person if you are in frequent contact with a member of a high-risk health group
Gather in groups larger than 10 individuals