## "NHB" Recruitment Message - Samples

**Statement of client need:** Many seniors in the Millcreek community are not eating balanced meals and are suffering from malnutrition.

**How to help:** You can improve the nutrition of seniors by volunteering 3 hours on a weeknight to prepare, pack and serve meals to the Millcreek Senior Center residents.

**Benefits:** You can create your own schedule and volunteer at your convenience. Great family volunteering opportunity! Bring your children and spend quality time volunteering together while making a difference in the lives of seniors.

**Statement of client need:** The trails in Snow Canyon need regular maintenance to ensure visitors have a safe and enjoyable experience recreating in the park.

**How to help:** You can keep our canyons beautiful by joining our Trailblazers Crew. Volunteer 4 hours every first Saturday of the month to clear trails of tumbleweeds, maintain gravel and pick-up trash.

**Benefits:** Meet new friends, get outside, and keep Southern Utah beautiful! Breakfast provided. Volunteers receive a 25% discount at the state park gift shop.

