

## Foster Grandparent Pre-Service Training (20 Hours)

As you complete this training, record the *total training time* for each day on your timesheet. If it took you *longer* than the approximate time given, record the actual time you spent. If you completed the training in less time, record the time that was *anticipated* on your timesheet so that you can still complete the 20 hours of training (e.g. if you spent 20 minutes reading a 30 minute article, record .50 on your timesheet.) **Record your first 20 hours in the TRAINING COLUMN of your timesheet.**

Complete with Volunteer Coordinator (5 hours)
<ul style="list-style-type: none"> <li><input type="checkbox"/> Volunteer Orientation and Handbook Review (3 hours)</li> <li><input type="checkbox"/> IPT Training for Timesheet Submission (.5 hours)</li> <li><input type="checkbox"/> Review Service Assignment Schedule (.5 hours)</li> <li><input type="checkbox"/> Reflective Discussion (After Videos and Articles) (1 hour)</li> </ul> <p>Discussion Scheduled Date: _____</p>

Videos and Note-Taking Guide (7 hours total)	
<p><a href="#">YouTube Channel Link</a></p> <p><i>You can click the YouTube Channel link to watch all of the videos in order. You can also type this URL into your internet browser: <a href="https://bit.ly/FGPpreservice">https://bit.ly/FGPpreservice</a> or click the links for the individual videos below.</i></p> <p><b>Note: With exception to the policies and procedures, the videos shared here are not produced by UServeUtah and do not denote an endorsement.</b></p>	
Introduction to Being an AmeriCorps Seniors Volunteer	
<p><b>Importance of Foster Grandparent Volunteers</b></p> <p>(.25 hours)</p> <p><i>You will recognize the impact you can make with the children you serve and understand your role in national service.</i></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <a href="#">AmeriCorps Seniors: Reasons to Serve</a></li> <li><input type="checkbox"/> <a href="#">Become a Foster Grandparent Volunteer</a></li> <li><input type="checkbox"/> <a href="#">Healthy Volunteers. Stronger Communities.</a></li> </ul>
<p><b>UServeUtah Policies and Procedures</b></p> <p>(.75 hours)</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <a href="#">UServeUtah AmeriCorps Seniors Overview</a></li> </ul>

<p><i>You will understand the mission of UServeUtah and AmeriCorps Seniors, and review essential requirements for volunteering.</i></p>	<input type="checkbox"/> <a href="#">IPT Training: FGP (Foster Grandparent Program)</a>
<p><b>Your Influence in Guiding Children</b></p>	
<p><b>The Power of Relationships</b> (.50 hours)</p> <p><i>You will learn how influential your unique bond with each child can change their experience and learning.</i></p>	<input type="checkbox"/> <a href="#">Rita Pierson: Every Kid Needs A Champion</a> <input type="checkbox"/> <a href="#">Inspirational Video - Be A Mr. Jensen</a> <input type="checkbox"/> <a href="#">The Power of Relationships in Schools</a> <input type="checkbox"/> <a href="#">The Power of Relationships in the Lives of Youth</a>
<p><b>Growth Mindset</b> (.75 hours)</p> <p><i>You will learn the difference between a growth mindset and a fixed mindset, as well as how to foster a growth mindset in the children you work with.</i></p>	<input type="checkbox"/> <a href="#">Grit: The Power of Passion and Perseverance</a> <input type="checkbox"/> <a href="#">How to Help Every Child Fulfill Their Potential - Carol Dweck</a> <input type="checkbox"/> <a href="#">How Mentors and Growth Mindset Go Hand-in-Hand</a> <input type="checkbox"/> <a href="#">Using Mistakes and Failure to Your Advantage</a> <input type="checkbox"/> <a href="#">The Right Message in the Right Situation</a> <input type="checkbox"/> <a href="#">Carol Dweck: The Effect of Praise on Mindsets</a>
<p><b>Understanding Young People</b> (.75 hours)</p> <p><i>You will understand how children best learn and improve behavior using developmentally appropriate strategies.</i></p>	<input type="checkbox"/> <a href="#">Importance of Play</a> <input type="checkbox"/> <a href="#">Every Behavior Has A PURPOSE!</a> <input type="checkbox"/> <a href="#">4 Ways to Prevent Problem Behaviors</a> <input type="checkbox"/> <a href="#">5 Common Mistakes When Talking with Preschool Children</a> <input type="checkbox"/> <a href="#">Cognitive Development in Middle Childhood</a>
<p><b>Social Emotional Learning</b> (.50 hours)</p> <p><i>Learn about different intelligences and how to teach social emotional skills.</i></p>	<input type="checkbox"/> <a href="#">You Think You Are Smart? There Are 9 Types of Intelligence!</a> <input type="checkbox"/> <a href="#">Social-Emotional Learning: What Is SEL and Why SEL Matters</a> <input type="checkbox"/> <a href="#">Practical Strategies for Teaching Social Emotional Skills</a>
<p><b>Literacy and Reading Tips</b></p>	
<p><b>Literacy</b></p>	<input type="checkbox"/> <a href="#">What is Early Literacy and Why Is It Important?</a> <input type="checkbox"/> <a href="#">Teach Your Child New Words with Books</a>

<p>(1.25 hours)</p> <p><i>By learning these skills to help early readers, you can become an excellent support to a child who needs assistance to improve their reading and vocabulary in effective and enjoyable ways.</i></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <a href="#">Scarborough’s Reading Rope</a></li> <li><input type="checkbox"/> <a href="#">Reading Expert Linda Farrell: Letter Names vs. Letter Sounds</a></li> <li><input type="checkbox"/> <a href="#">What is Phonemic Awareness?</a></li> <li><input type="checkbox"/> <a href="#">Understanding Phonics: Why Is Teaching This Way Effective?</a></li> <li><input type="checkbox"/> <a href="#">Letter Naming/Alphabet Knowledge</a></li> <li><input type="checkbox"/> <a href="#">Articulating Our Sounds</a></li> <li><input type="checkbox"/> <a href="#">Reading Expert Linda Farrell: Mastering Reading Accuracy</a></li> <li><input type="checkbox"/> <a href="#">Letter Names with Reese, Kindergartener</a></li> <li><input type="checkbox"/> <a href="#">Mastering Short Vowels and Reading Whole Words</a></li> <li><input type="checkbox"/> <a href="#">Read Aloud to Your Child</a></li> </ul>
<p><b>Children with All Abilities and Backgrounds</b></p>	
<p><b>Children with Learning Disabilities</b></p> <p>(.50 hours)</p> <p><i>By learning the challenges and symptoms associated with learning disabilities, you will understand how to teach according to individual student’s unique strengths and capabilities.</i></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <a href="#">Learning Disabilities, What Are the Different Types?</a></li> <li><input type="checkbox"/> <a href="#">ADHD: Signs, Symptoms, Solutions</a></li> <li><input type="checkbox"/> <a href="#">What is Dyslexia? - Kelli Sandman-Hurley</a></li> <li><input type="checkbox"/> <a href="#">What is Autism?   Quick Learner</a></li> <li><input type="checkbox"/> <a href="#">Strengths of Students with Learning Disabilities and Other Disorders</a></li> </ul>
<p><b>Working with All Children</b></p> <p>(.25 hours)</p> <p><i>You will learn helpful ways to build relationships with children from different backgrounds.</i></p> <p><b>Defensive Driving</b></p> <p><i>Because you will likely transport yourself to your service site, these are effective methods for safe driving.</i></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <a href="#">Cultural Competence</a></li> <li><input type="checkbox"/> <a href="#">What is Cultural Humility?</a></li> <li><input type="checkbox"/> <a href="#">5 Defensive Driving Strategies To Be A Safer, Smarter Driver</a></li> </ul>

**Articles and Writing Prompts (3 hours total)**

- Child Development Overview
- Working with Youth At Different Ages
- Reading Tutoring
- How to Identify and Teach to the Child's Learning Style
- 10 Tips for Working with Teachers in the Classroom
- What Are Learning Disabilities?
- 10 Teaching Strategies to Keep Struggling Students Working
- Growth Mindset

**On-the-Job Training (5 hours) - Must Be Completed Last**

- Assignment Plan Discussion (.5 hours)
- Station - Volunteer Discussion (1 hour) (Expectations, policies, check-in/out procedures, etc.)
- First School Session (3 hours)
- Follow-up with Coordinator (.5 hours)

*Congratulations!* You have completed your 20 hours of pre-service training. You may now record future hours in the "Volunteer Hours" column. We will still provide you with 24 hours of in-service training each year. Thank you for being willing to meet this federal requirement, we hope you apply this valuable knowledge to your service.

*Laura Huefner*  
*AmeriCorps Seniors Program Manager*